

# HOW-TO MAKE CARE KITS

Care kits contain essential items for people experiencing homelessness.



Fill a gallon-size plastic bag with travel or trial-sized of some or all of the following:

## WHY PLASTIC?

Plastic keeps items dry and are reusable.

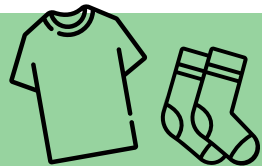
No paper bags please.



## 1. HYGIENE ITEM(S)

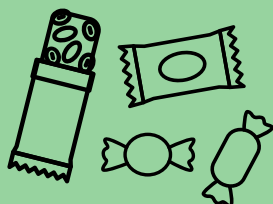
No medicines or pills. No liquid hand sanitizers.

- Band aids (big ones to cover blisters)
- Deodorant
- Lip balm
- Lotion
- Wet wipes or bath wipes
- Nail clippers
- Cotton swabs
- Neosporin or antibiotic ointment



## 2. T-SHIRT OR SOCKS

New and large sizes are most needed.



## 3. WRAPPED SNACK

Must be easy to chew..

- Protein or granola bars
- Gum, mints or candy
- Peanut butter crackers

## SHOP ITEMS

You can find most items on Amazon using the QR code.



## DROP OFF

Mon-Sat, 8-10:30 a.m.  
or 1:30-4 p.m. at 310 NW  
Glisan St.

Questions?

[info@blanchethouse.org](mailto:info@blanchethouse.org)

Please **DO NOT** include written materials.