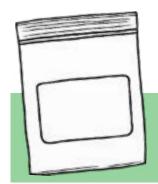


- HOW-TO MAKE CARE KITS

Care kits contain essential items for people experiencing homelessness.



Fill a gallon-size plastic bag with travel or trial-sized of some or all of the following:

WHY PLASTIC?

Plastic keeps items dry and are reusable. No paper bags please.



1. HYGIENE ITEM(S)

No medicines or pills. No liquid hand sanitizers.

- Band aids (big ones to cover blisters)
- Deodorant
- Lip balm
- Lotion
- Wet wipes or bath wipes
- Nail clippers
- Cotton swabs
- Neosporin or antibiotic ointment



2. T-SHIRT OR SOCKS

New and large sizes are most needed.



3. WRAPPED SNACK

Must be easy to chew..

- Protein or granola bars
- Gum, mints or candy
- Peanut butter crackers

All items can be purchased from our <u>Amazon</u> wish list.

Do not include any written materials.



DROP OFF

DAYS: Mon-Sat

WHEN: 8:00-10:30 AM or

1:30-4:00 PM

WHERE: 310 NW Glisan St.

Park out front. Knock on door and we will come out to your car to get the kits.

Thank you for helping us alleviate suffering in our community.

Questions?

BlanchetHouse.org/Care-Kits