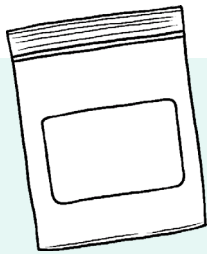


HOW-TO MAKE A CARE KIT

Fill a gallon-size bag containing travel or trial-sized of some or all of the following:



1. PLASTIC BAG

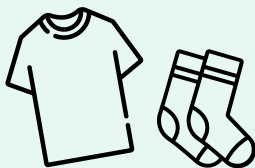
Plastic keeps items dry and are reusable.



2. HYGIENE ITEMS

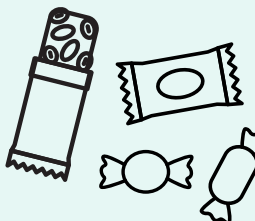
NO medicines or pills. **NO** liquid hand sanitizers.

- Band aids (big ones to cover blisters)
- Deodorant
- Lip balm
- Lotion
- Wet wipes or bath wipes
- Nail clippers
- Cotton swabs
- Neosporin or antibiotic ointment



3. T-SHIRT OR SOCKS

New and large sizes most needed.



4. WRAPPED SNACK

- Protein or granola bars
- Gum, mints or candy
- Peanut butter crackers

Please do not include any written materials.

Thank you for helping our community. Blanchet House volunteers will hand out your kits during our meal services.

Questions?

BlanchetHouse.org/Care-Kits

HOW TO DROP OFF CARE KITS

DAYS: Mon - Sat

HOURS: 8:30-10:30 a.m. or 1:30-4 p.m. (Please avoid dropping off during meal times.)

WHERE: 310 NW Glisan St. Park out front. Knock on door and we will come out to your car to get the bags.

THANK YOU!

